Activity Title: Youngest Grid 1 Day 3

Activity Name: Dribble/Pass Tag

Activity Setup: Divide players into two or three teams. DO NOT CLUTTER THE BOX WITH PLAYERS. If a third team is created they will stand off to the side of the grid,

Give 2 balls to each team.

Assign two players as the taggers. One from each team.

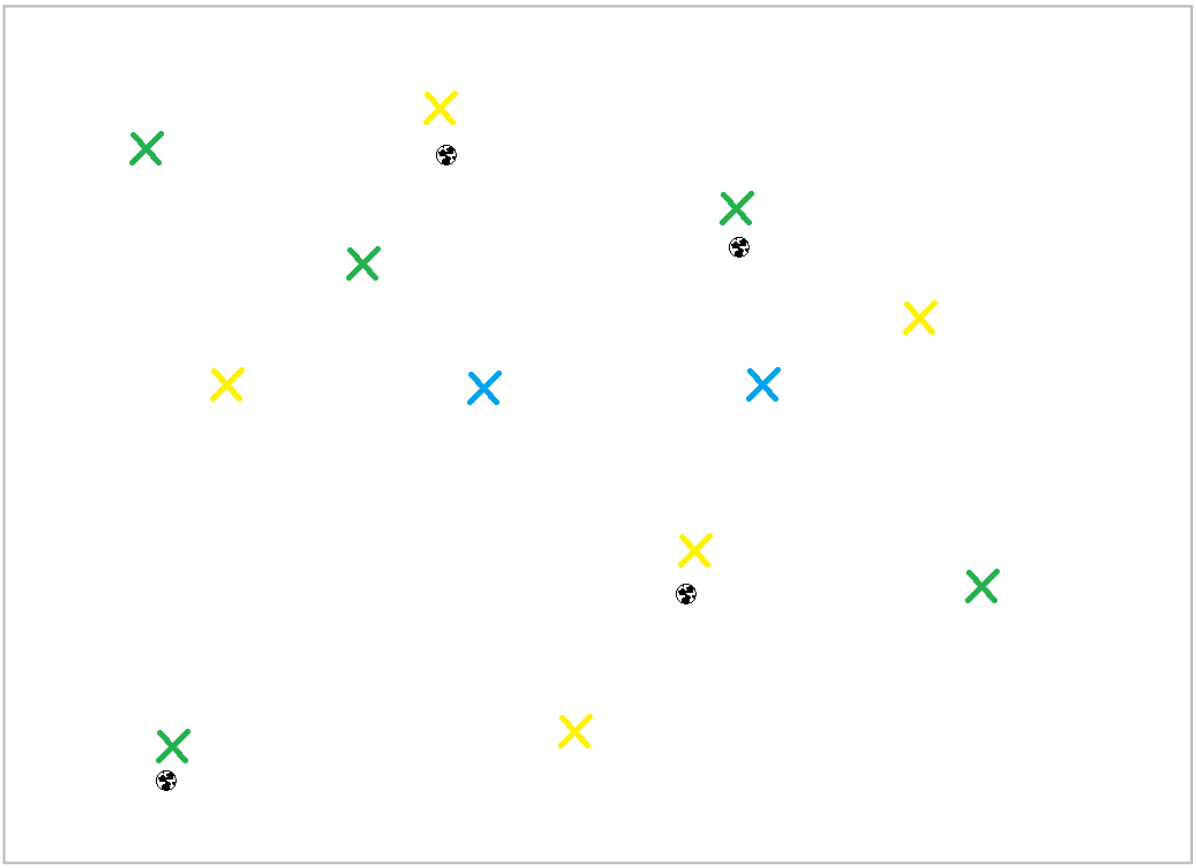
Activity Description: Players with the ball try to avoid the opposite team tagger. This can be done on the dribble or the pass. If the players dribbles the ball the tagger can keep chasing. If they pass the ball to another player then the tagger must go after whoever has the other ball on the opposite team.

When a player is tagged with the ball, that player must take a knee for 5 seconds and another player on that team must take over the ball, that ball enters play again once passed to another player.

The tagger can go after the other players with a ball.

Emphasis:

Dribble quick to escape then pass to avoid pressure



Cue Words:

Quick dribble

Find the pass