Activity Title: U5 Day 2 Grid 3
Team Recognition Day

Activity Name: Dribbling to avoid opposite team

Activity Setup: Divide the players into two teams. Give a ball to each player on one team

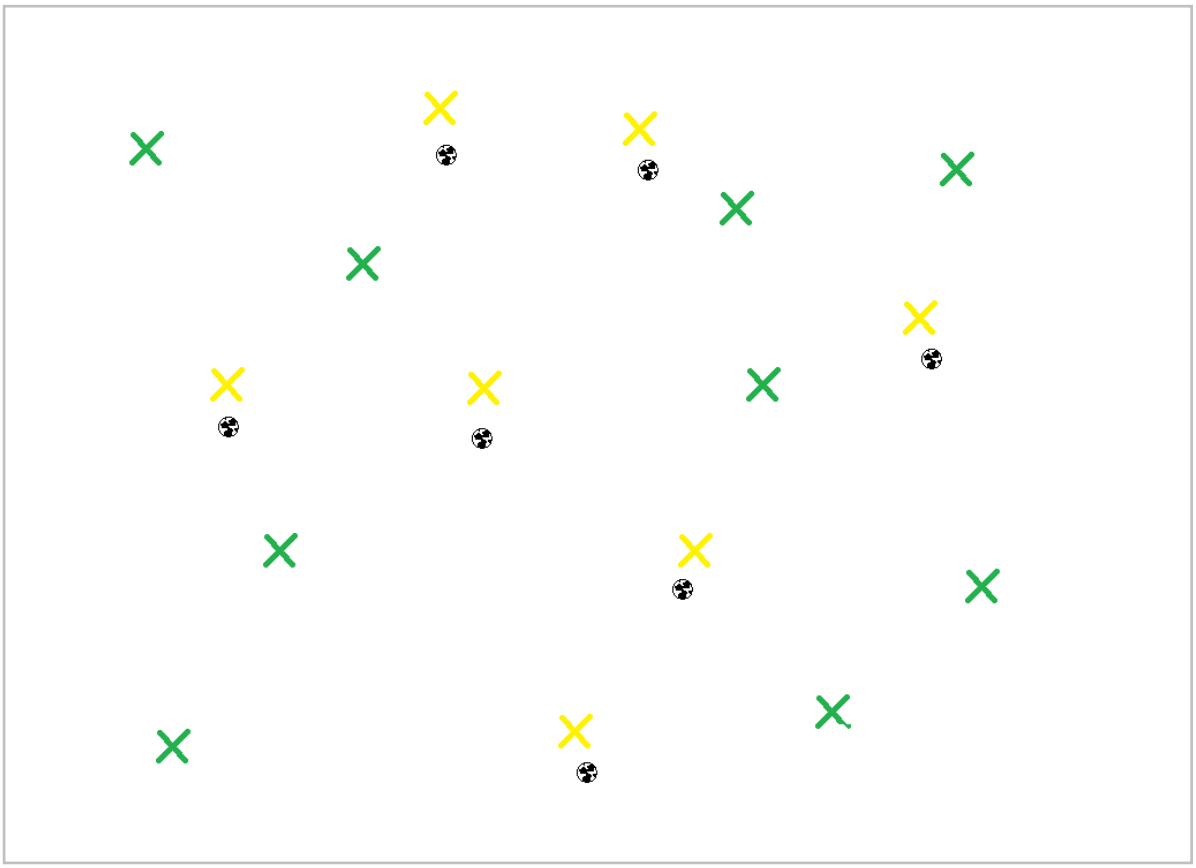
Activity Description: When coach says go, players with a ball try to dribble around and not get their ball taken by players without a ball from the other team. If their ball is taken they go find a player on the other team with a ball and try to take that. Players with a ball at the end 15-20 seconds are encouraged for having a ball and players who tried hard to get a ball from the opposite team are encouraged for trying hard to get a ball.

15-20 second reps with high encouragement for those with the ball at the end of each repetition

Emphasis:

Dribbling the ball to stay away from the other team

recognizing another team

Cue Words:

Encouragement for individual success or anything resembling success