

Age Divisions Overview

Spring 2022	7 & Under	9 & Under	11 & Under	13 & Under	15 & Under	19 & Under
Format	4 v 4	7 v 7	7 v 7	9 v 9	11 v 11	11 v 11
Team Size to start game	n/a	Min. 5	Min. 5	Min. 6	Min. 7	Min. 7
Roster Size	n/a	Max. 12	Max. 12	Max. 16	Max. 18	Max 22 (18 max on bench)
Birth Years	2015, 2016	2013, 2014	2011, 2012, 2013	2009, 2010, 2011	2007, 2008, 2009	2003-2007
Goal Size (ft)	4 x 6	6 x 12 OR 6.5 x 18.5	6 x 12 OR 6.5 x 18.5	6.5 x 18.5	8 x 24	8 x 24
Ball Size	3	4	4	4	5	5
Game Length (minutes)	4 x 10'	2 x 25'	2 x 25'	2 x 30'	2 x 35'	2 x 40'
Break Time (minutes)	5	5	5	10	10	10
Officials	1 (Rec)	1 (Rec)	1 or 3 USSF	3 USSF	3 USSF	3 USSF
Official Fees	\$10	\$10	\$30 for 1; \$20/15/15 for 3	\$92 (40/26/26)	\$132 (56/38/38)	\$140 (60/40/40)
Offside	n/a	Introduce Idea, Yes, if obvious	Yes	Yes	Yes	Yes
Headers	No	No	No intentional Heading - IFK	No intentional Heading - IFK	Yes	Yes
Punt/Drop Kicks	n/a	No	No	Yes	Yes	Yes
Build-out lines	n/a	Yes	Yes	No	No	No