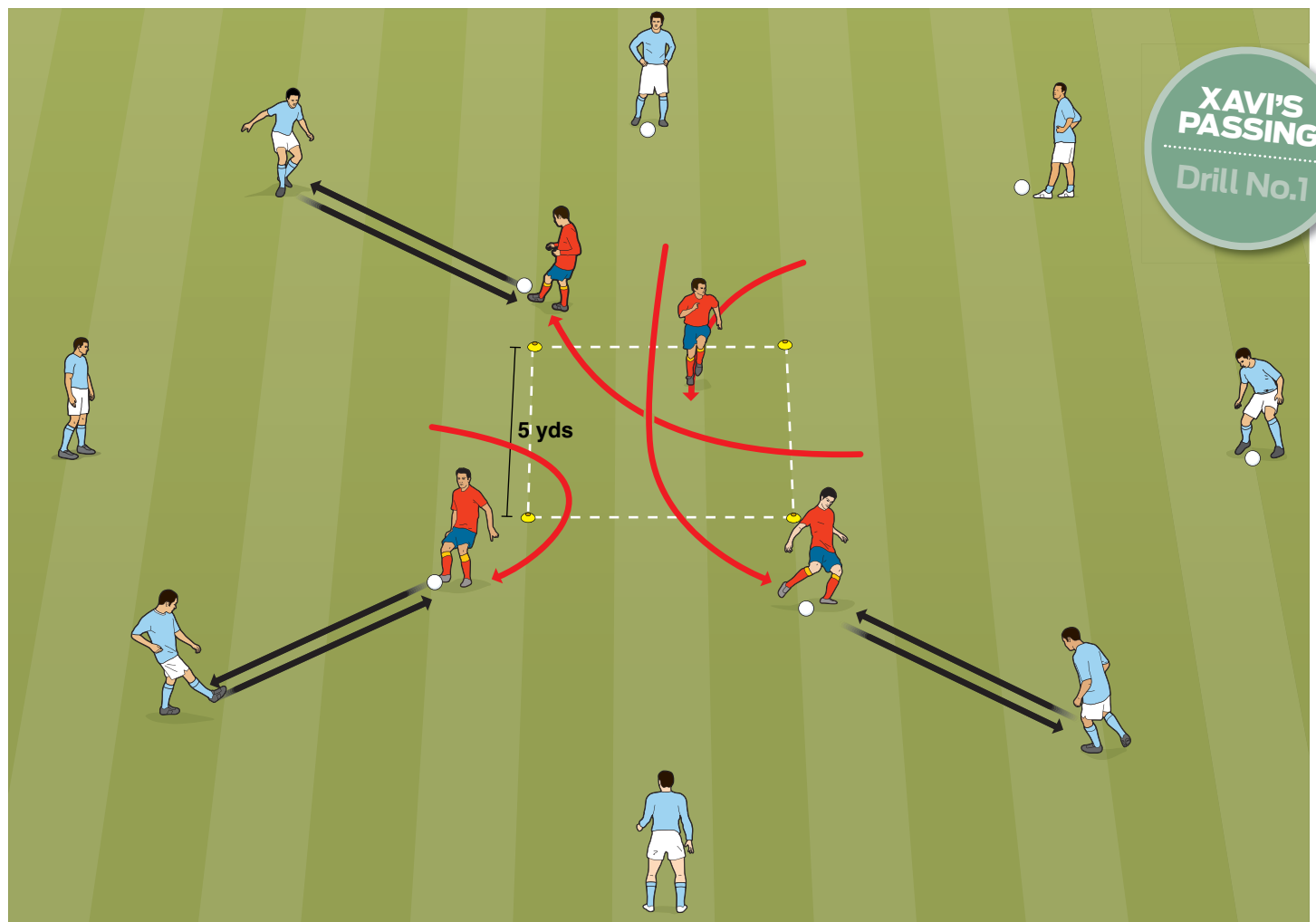


## PLAY LIKE SPAIN PASS WITH XAVI'S PRECISION

Want to boss the game like Barcelona's diminutive midfield maestro? We can help. This drill will show you how to dictate the play with airtight control and accurate distribution



### SET UP

Get four players to form a square by standing 25 yards apart. Instruct the remaining players to fill in the gaps between the original four to form a circle. Mark out a five-yard square inside the circle. The players forming the outer circle have a ball each. Position four players in the middle square.



### ACTION

Playing out of the square, players exchange a one-two pass with a player from the outer circle. They then sprint through the cones marking out the square, bending their run towards a different perimeter player, where they play another one-two. The four players that started in the middle must count the passes they complete in 45 seconds. To advance this drill, you can introduce two additional players inside the circle. Their job is to put pressure on the passers in the middle.

### HOW IT HELPS

Xavi has the ability to weave in and out of midfield traffic and pick, spot and execute pinpoint passes. This drill replicates that action by challenging you to pass and receive the ball on the move.



### EVEN MORE ONLINE

Want to learn more from the pros? Get online for exclusive interviews as the game's stars give their guidance, plus more drills from the experts.  
<http://performance.fourfourtwo.com>